PAAR

PITTSBURGH ACTION AGAINST RAPE

We see you. We hear you.
We believe you.
We are here for you.
Every Step of the Way.

PAAR provides confidential information and support, 24 hours a day, 7 days a week.

24/7

HELPLINE | Chat Online at paar.net
Call/Text: 1-866-END-RAPE (363-7273)

Available Services

- **Legal Advocacy**
- **Emergency Medical Advocacy**
- **Crisis Counseling**
- **Emergency Case Management**

PAAR is committed to eliminating sexual violence through education, prevention, and advocacy. Our services are free of charge to everyone in Allegheny County.

Walk-in Services

Every Wednesday • 9:30 am - 5pm

PAAR Southside Office (81 S. 19th St)

PAAR provides confidential walk-in services every Wednesday where you can receive services including:

- Crisis Counseling
- Emergency Case Management
- Connection to Community Resources
- Intake for PAAR Services

Scan here to schedule a one-hour virtual 'walk-in' appointment

Free, Rapid STI Testing

Every Wednesday • 9:30 am - 11am and 12pm - 4pm

PAAR Southside Office (81 S. 19th St)

No insurance or appointment required - just stop by!

We screen for:

- HIV
- Hepatitis C
- Gonorrhea
- Chlamydia
- Syphilis

Testing Provided By:

Allies for health + wellbeing

Group Support

PAAR occasionally offers a variety of support groups that provide safe spaces for survivors to connect, share, and heal together. Each group is guided by trained therapists and advocates.

Scan to see current group offerings and register